



MAURITIUS QUALIFICATIONS AUTHORITY

MAURITIUS QUALIFICATIONS AUTHORITY

NATIONAL CERTIFICATE

LEVEL 5

IN

NURSING: NURSING ASSISTANT

National Certificate Level 5 in Nursing: Nursing Assistant

1. Level: 5
2. Credits: 180
3. Review date: 23 September 2030
4. Access to qualification

4.1 Entry Information

Applicants for this training programme should have:

1. New Entrants in the Health and Social Care Sector:

School Certificate or GCE Ordinary level with Passes obtained on certificate in
Either
five subjects including English Language with at least Grade C in any two
subjects
or
six subjects including English Language with at least Grade C in any one subject

2. Existing Healthcare Assistant:

- Candidates holding a National Certificate Level 4 Health Care Assistant

- *These candidates will be exempted for the 1st year of training

3. An alternative qualification acceptable to the awarding body.

4.2 Recognition of Prior Learning [RPL]

The qualification will not be accessible through Recognition of Prior Learning.

5. Award of Qualification Requirements

YEAR 1

Unit No.	Unit Standard Title	Level	Credits
UNDERTAKE PERSONAL HYGIENE ACTIVITIES WITH INDIVIDUALS			
01	Prepare for undertaking personal hygiene activities with individuals	4	5
PRINCIPLES OF BASIC NURSING SKILLS			
02	Demonstrate the ability to provide safe, effective, and person-centred basic nursing care, including hygiene, mobility support	4	8

	and nutrition in accordance with established protocols and professional standards		
HUMAN STRUCTURE AND FUNCTIONALITY			
03	Understand the structure and function of the human body	4	10
MAINTAIN INFECTION PREVENTION AND CONTROL			
04	Demonstrate own role in the prevention and control of the spread of infection	4	3
CLEANING, DECONTAMINATION, AND WASTE MANAGEMENT			
05	Demonstrate how to maintain a clean environment	4	3
UNDERTAKE PHYSIOLOGICAL MEASUREMENTS IN CARE SETTINGS			
06	Demonstrate how to prepare to take physiological measurements	4	5
FIRST AID			
07	Apply knowledge of first aid and demonstrate its techniques	4	5
08	Use knowledge of first aid techniques and apply in a wide variety of settings	4	10
NUTRITION IN PATIENT-CENTERED CARE			
09	Apply knowledge of patients' nutritional status and dietary requirements in care planning and delivery	4	5
ETHICAL AND LEGAL ASPECTS OF CARE			
10	Apply knowledge related to professionalism, ethics and legal issues	4	5
UNDERSTAND EFFECTIVE COMMUNICATION IN HEALTHCARE SETTING			
11	Understand why effective communication is important in the work setting	4	3
PAEDIATRIC CARE			
12	Apply knowledge and demonstrate basics of application of pediatric care	4	6
GERIATRIC CARE			
13	Apply knowledge and demonstrate basics of geriatric care	4	6

SUPPORT INDIVIDUALS DURING THE LAST DAYS OF LIFE			
14	Demonstrate the knowledge of the impact of the last days of life on the individual and others	4	3
INTENSIVE CARE UNIT			
15	Apply knowledge and demonstrate basics in intensive care unit	4	6
COMMUNICATE WITH INDIVIDUALS ABOUT HEALTH PROMOTION AND WELLBEING			
16	Communicate with individuals and others when promoting health and wellbeing	4	3
UNDERSTANDING MENTAL ILL HEALTH			
17	Understand the types of mental ill health	4	4
Total Credits			90

YEAR 2

Unit No.	Unit Standard Title	Level	Credits
THE ROLE OF THE ASSISTANT NURSE/NURSING ASSOCIATE PRACTITIONER			
01	Describe the scope of work for Nursing Assistant/Nursing Associate Practitioner	5	3
PROFESSIONAL AND ETHICAL PRACTICE			
02	Demonstrate professional and ethical behaviour	5	3
BASIC PHARMACOLOGY AND MEDICATION ADMINISTRATION			
03	Demonstrate knowledge in basic pharmacology and in the administration of medication under supervision	5	5
DOCUMENTATION AND RECORD KEEPING			
04	Maintain accurate patient records and documentation	5	3
PROMOTE HEALTH, SAFETY AND WELLBEING IN HEALTHCARE			
05	Adhere to health and Safety regulations in the healthcare setting	5	2
EFFECTIVE HANDLING OF INFORMATION IN HEALTHCARE SETTING			
06	Demonstrate understanding of the requirements for handling information in care settings	5	2
ASSISTING REGISTERED NURSES IN BASIC SKILLS IN SPECIAL UNITS			
07	Apply knowledge and demonstrate basics skills in Special units while assisting Registered Nurses	5	15
PREPARE FOR AND OBTAIN SPECIMENS FROM PATIENT			
08	Apply knowledge and demonstrate basic skills when assisting Registered Nurse to prepare and obtain specimen	5	3
CONDUCT INTRAVENOUS CANNULATION			
09	Apply knowledge and demonstrate basic skills when assisting Registered Nurse to cannulate patient	5	3
UNDERTAKE AGREED PRESSURE AREA CARE			
10	Apply knowledge and demonstrate basic skills when assisting Registered Nurse to undertake pressure area care	5	3

PROMOTE HEALTH AND WELL-BEING IN RELATION TO EFFECTIVE NUTRITION AND FLUID BALANCE			
11	Demonstrate understanding of the relationship between clinical conditions and nutrition	5	3
ASSIST IN THE IMPLEMENTATION OF PROGRAMMES TO INCREASE MOBILITY, MOVEMENT, AND FUNCTIONAL INDEPENDENCE			
12	Assist Registered Nurse in implementing programmes to restore mobility, movement, and functional independence	5	3
AWARENESS OF MENTAL HEALTH LEGISLATION			
13	Demonstrate understanding of the importance of complying with the mental health legislations Code of Practice when working with individuals who lack capacity	5	2
SUPPORT INDIVIDUALS TO MANAGE THEIR OWN RECOVERY FROM MENTAL HEALTH CONDITIONS			
14	Demonstrate knowledge of the principles that promote and support recovery from mental health conditions	5	2
DEMENTIA AWARENESS			
15	Demonstrate understanding of an individual's experience of dementia	5	2
UNDERSTAND THE IMPACT AND EXPERIENCE OF DEMENTIA			
16	Demonstrate understanding of how dementia care must be underpinned by a person-centred approach	5	2
UNDERSTAND MENTAL HEALTH INTERVENTIONS			
17	Identify the key principles and factors that underpin the choice of mental health interventions	5	3
SUPPORT MENTAL HEALTH SERVICE NURSES TO MANAGE CHANGE			
18	Demonstrate understanding of the different ways in which individuals with mental health may react to change	5	2
UNDERSTAND, PREPARE FOR AND CARRY OUT EXTENDED FEEDING TECHNIQUES			
19	Assist Registered Nurses to carry out extended feeding techniques and to maintain records and report on extended feeding	5	3

PREPARE, INSERT AND SECURE NASOGASTRIC TUBES			
20	Assist Registered Nurses to prepare for the insertion of a nasogastric tube and to measure, record and dispose of nasogastric aspirate following policies, procedures, and protocols	5	3
RECEIVE AND HANDLE CLINICAL SPECIMENS WITHIN THE STERILE FIELD			
21	Receive and handle clinical specimens within the sterile field in line with health and safety guidance	5	2
SUPPORT THE SURGICAL TEAM WHEN PREPARING INDIVIDUALS FOR OPERATIVE AND INVASIVE PROCEDURES			
22	Prepare individuals for operative and invasive procedures in line with national guidelines, policies, protocols, and good practice	5	3
CARE FOR INDIVIDUALS WITH URETHRAL CATHETERS			
23	Assist Registered Nurse to prepare individuals to carry out urethral catheters care	5	3
PERFORM ROUTINE ELECTROCARDIOGRAPH (ECG) PROCEDURES			
24	Assist a Registered Nurse to prepare to carry out routine electrocardiograph procedures	5	3
UNDERTAKE STOMA CARE			
25	Assist the Registered Nurse to prepare individuals for stoma care	5	3
REMOVE WOUND DRAIN			
26	Assist the Registered Nurse to prepare to remove wound drains	5	3
ASSIST IN AND MONITOR THE ADMINISTRATION OF OXYGEN			
27	Assist the Registered Nurse in the preparation and administration of oxygen for individuals	5	3
COMMUNICABLE AND NON-COMMUNICABLE DISEASES			
28	Demonstrate understanding of communicable and non-communicable diseases	5	3
Total Credits			90

6. Purpose:

The National Certificate Level 5 Nursing- Nursing Assistant is designed as an outcome-focused course that combines academic study with practical experience to build the broad skills and competencies needed for this role. The programme integrates work-based learning through strong partnerships between employers and education providers. While trainee Assistant Nurses are primarily employed to function within one organisation and setting, they will also have the opportunity to work in other more complex health environments under the supervision of registered nurses. The trainees will learn about the basics of nursing care such as patient care, hygiene management, vital sign monitoring and administering basic medical assistance amongst other.

Upon completion, holders of the qualification will be well-prepared to provide support and work with registered nurses, doctors, and other medical staff in delivering patient care.

7. Qualification pathways:

Upon completion of the programme, learners will be able to follow the National Diploma Level 6 in Nursing.

