

National Certificate Level 4 in Food Production

- 1. Level of qualification: 4
- 2. Total Credits: 128
- 3. Review date: November 2028

4. Access to qualification

4.1 Entry information

National Certificate Level 3 in Food Production

or

An alternative qualification at Level 3 of the National Qualifications Framework (NQF)

4.2 Recognition of Prior Learning [RPL]

Potential candidates holding a qualification at NQF Level 3 and at least 3 years' experience in the field may access this qualification through Recognition of Prior Learning (RPL) process.

4.3 Award of Qualification Requirements

Compulsory

Unit No.	Unit Standard Title	Level	Credit
1.	Demonstrate knowledge of commercial food costs and portion control	4	4
2.	Present an international cuisine topic in the hospitality industry	4	4
3.	Demonstrate knowledge of characteristics and commercial catering preparation of complex larder items	4	3
4.	Demonstrate knowledge of commercial catering applications of complex sauces and soups	4	3
5.	Demonstrate knowledge of commercial catering applications of game animals in a commercial kitchen	4	3
6.	Demonstrate knowledge of commercial catering applications of rice and farinaceous products	4	3
7.	Prepare and cook complex egg dishes in a commercial kitchen	4	3

8.	Prepare and cook complex hot finger food and canapes in a commercial kitchen	4	4
9.	Prepare and cook complex sauces in a commercial kitchen	4	3
10.	Prepare and cook complex soups in a commercial kitchen	4	3
11.	Prepare and cook complex vegetable dishes in a commercial kitchen	4	4
12.	Prepare and present cold buffet products in a commercial kitchen	4	4
13.	Prepare and present cold hors d'oeuvres in a commercial kitchen	4	4
14.	Demonstrate knowledge of different food additives and agents used in modern cuisine	4	1
15.	Demonstrate knowledge of Molecular gastronomy	4	3
16.	Prepare and cook Vegetarian preparations	4	3
17.	Prepare and cook Mauritian dishes	4	3
18.	Demonstrate knowledge of commercial catering applications of complex leavened and unleavened dough	4	3
19.	Demonstrate knowledge of commercial catering applications of hot and cold desserts	4	3
20.	Demonstrate knowledge of commercial catering applications of pastry and baking items	4	3
21.	Demonstrate knowledge of commercial catering applications of shellfish	4	2
22.	Prepare and bake complex cakes and sponges in a commercial kitchen	4	3
23.	Prepare and cook complex fish dishes in a commercial kitchen	4	4
24.	Prepare and cook complex hot and cold desserts in a commercial kitchen	4	3
25.	Prepare and cook complex leavened and unleavened dough products in a commercial kitchen	4	4
26.	Prepare and cook complex meat dishes in a commercial kitchen	4	4
27.	Prepare and cook complex pasta dishes in a commercial kitchen	4	4
28.	Prepare and cook complex pastry dishes in a commercial kitchen	4	3
29.	Prepare and cook game animals in a commercial kitchen	4	4

	Total Credits		
40.	Demonstrate understanding and use of information technology	4	3
39.	Demonstrate knowledge of entrepreneurship development	4	3
38.	Demonstrate effective communications skills	4	3
	Associated Studies		
37.	Work in a food business under a food safety programme	4	2
36.	Plan and implement hospitality staff rosters	4	3
35.	Demonstrate knowledge of food allergens, contamination hazards and control methods used in a food business	4	3
34.	Coach adult learners	4	2
33.	Prepare and cook shellfish dishes in a commercial kitchen	4	4
32.	Prepare and cook pickles, chutneys and preserves in a commercial kitchen	4	3
31.	Prepare and cook pates, terrines, galantines and cold set coatings in a commercial kitchen	4	4
30.	Prepare and cook jams and jellies in a commercial kitchen	4	3

5. Purpose:

The purpose of this qualification is to equip prospective learners with professional cookery knowledge and skills. Holders of the qualification will be able to work as a Cook and is expected to participate in the daily routine of a commercial kitchen and to produce meal items with little or no supervision. The qualification will provide:

- a sound foundation for further training in Professional Cookery and Kitchen Management.
- knowledge, skills and attitudes involved in Professional Food Production techniques, proper use of kitchen equipment and materials and properties of food commodities used.
- knowledge, skills and attitudes involved in producing composite menu items.
- positive attitude towards safe, clean and economic working habits.

6. Qualification pathways:

Learners who possess the National Certificate Level 4 in Food Production can choose to enrol for qualifications at higher levels of the NQF in the field of Culinary Arts.