



MAURITIUS QUALIFICATIONS AUTHORITY

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NATIONAL CERTIFICATE

LEVEL 3

IN

CARE OF ELDERLY AND DISABLED

National Certificate Level 3 in Care of Elderly and Disabled

1. **Level:** 3
2. **Credits:** 123
3. **Review Date:** March 2028

4. Access to qualification

4.1 Entry Information

Form III or 9th Grade of the Nine Year Continuous Basic Education (NYCBE)

or

An equivalent qualification acceptable to the MITD

4.2 Recognition of Prior Learning [RPL]

Potential candidates holding at least 3 years of working experience in the relevant field may access this qualification through Recognition of Prior Learning (RPL) process.

5. Award of Qualification Requirements

Compulsory

All the unit standards listed are required:

Unit No.	Unit Standard Title	Level	Credit
1	Support the elderly to maintain their rights and responsibilities	3	2
2	Demonstrate knowledge of human anatomy and physiology	3	3
3	Demonstrate understanding of health and personal hygiene	3	3
4	Provide care and promote independence skills	3	5
5	Respond to emergencies	3	3
6	Provide resuscitation Level 2	3	2
7	Provide medication to the elderly	3	2
8	Demonstrate time management	3	3
9	Manage stress	3	2
10	Demonstrate knowledge of the roles of the family and household members for disability support	3	2

11	Interact in a supportive way with family or household members who have a member with disability	3	2
12	Support people with disabilities to increase their level of self determination	3	3
13	Establish supportive relationships with families and household members of persons with mental impairment	3	3
14	Demonstrate understanding of how personal views and actions impact on people with disabilities	3	2
15	Apply knowledge of age-related nutrition needs in providing food for an adult and old person	3	3
16	Apply knowledge of basic nutrition needs	3	2
17	Produce safe food in a residential care facility or in client's home	3	2
18	Demonstrate knowledge and understanding of issues related to sexuality	3	2
19	Identify and discuss values, attitudes and current issues in the field of ageing	3	2
20	Support the elderly to enjoy life in a community /residential care setting	3	2
21	Assist an older person to meet his physical needs	3	3
22	Support an elderly with Parkinson's Disease	3	2
23	Support an elderly with Cerebral Vascular accident (CVA)	3	2
24	Support to an elderly with arthritis/osteoporosis	3	2
25	Support an elderly who is terminally ill	3	2
26	Demonstrate knowledge of cause and common effects of physical disabilities	3	3
27	Demonstrate an understanding of individual planning processes for a person with disability	3	4
28	Demonstrate realistic and positive expectations about the capability of people with disabilities	3	3
29	Create and implement a leisure plan for a person with disability	3	3
30	Demonstrate an ability to support a person with communication impairment	3	4

31	Demonstrate the effect blindness may have on an individual and his/her lifestyle	3	3
32	Manage epileptic seizures for disability support	3	2
33	Support a client in a care environment using diversional therapy	3	4
34	Make approaches for the treatment of mental illness	3	1
35	Demonstrate self-awareness for mental health support	3	3
36	Assist an elderly with dementia to meet his activities of daily living	3	3
37	Support a person with challenging behavior	3	4
Associated Studies			
38	Demonstrate effective communications skills	3	8
39	Demonstrate mathematical skills and knowledge	3	4
40	Demonstrate good work ethics	3	1
41	Demonstrate knowledge of and apply safety and health measures	3	1
42	Demonstrate knowledge of entrepreneurship development	3	2
43	Demonstrate understanding of Sustainable Development	3	1
44	Demonstrate understanding and use of information technology	3	4
45	Demonstrate knowledge of physical education	3	4
Total Credits			123

6. Purpose

This qualification has been designed to equip learners with knowledge and skills to act as carer in a community, home or residential care setting.